

### Individual Records Report for CN REC-S

RAce Night #342019-20 31-Jan-20 [Ageup: 30/09/2020] SC Meters  
AKAC Swim Club [AKSC`-NS]

#### Women 8-8 50 Fly

<b>2:00.00</b>	<b>Standard</b>	<b>1/01/2001</b>	<b>aksc</b>
1:27.81 **	Zara Nicholias at RAce Night #342019-20	31/01/2020	AKSC` -NS

#### Women 13-13 50 Back

<b>39.84</b>	<b>Jessica Sanderson at August Race Night 2018</b>	<b>3/08/2018</b>	<b>AKSC`</b>
39.25 **	Freya Cleary at RAce Night #342019-20	31/01/2020	AKSC` -NS

#### Women 13-13 100 IM

<b>1:23.52</b>	<b>Freya Cleary at RAce Night #3 2019-20</b>	<b>6/12/2019</b>	<b>AKSC`</b>
1:22.66 **	Freya Cleary at RAce Night #342019-20	31/01/2020	AKSC` -NS

#### Women 13-13 200 IM

<b>3:09.25</b>	<b>Ellie Miller at August 2018-19 Race Night</b>	<b>2/08/2019</b>	<b>AKSC`</b>
3:03.56 **	Seren Harrington at RAce Night #342019-20	31/01/2020	AKSC` -NS

#### Women 15 & Over 50 Free

<b>31.69</b>	<b>Emily Grimes at AKAC SC May Race Night 2018</b>	<b>4/05/2018</b>	<b>AKSC`</b>
31.59 **	Isabella Strydom at RAce Night #342019-20	31/01/2020	AKSC` -NS

#### Women 15 & Over 50 Back

<b>1:00.00</b>	<b>Standard</b>	<b>1/05/2018</b>	<b>AKSC</b>
39.16 **	Isabella Strydom at RAce Night #342019-20	31/01/2020	AKSC` -NS

#### Women 15 & Over 50 Breast

<b>41.06</b>	<b>Emily Grimes at AKAC SC May Race Night 2018</b>	<b>4/05/2018</b>	<b>AKSC`</b>
40.28 **	Isabella Strydom at RAce Night #342019-20	31/01/2020	AKSC` -NS

#### Women 15 & Over 100 IM

<b>1:26.22</b>	<b>Emily Grimes at AKAC SC May Race Night 2018</b>	<b>4/05/2018</b>	<b>AKSC`</b>
1:23.56 **	Isabella Strydom at RAce Night #342019-20	31/01/2020	AKSC` -NS

#### Women 50 Breast

<b>39.97</b>	<b>Freya Cleary at RAce Night #1 2019-20</b>	<b>27/09/2019</b>	<b>AKSC`</b>
39.81 **	Freya Cleary at RAce Night #342019-20	31/01/2020	AKSC` -NS

#### Men 8-8 50 Breast

<b>59.47</b>	<b>Alexander Spencer at RAce Night #1 2019-20</b>	<b>27/09/2019</b>	<b>EXHIB</b>
53.63 **	Michael Barlin at RAce Night #342019-20	31/01/2020	AKSC` -NS

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#### Men 11-11 50 Fly

<b>36.75</b>	<b>Theodore Vasilopoulos at AKAC SC May Race Night 2018</b>	<b>4/05/2018</b>	<b>AKSC`</b>
35.44 **	Oliver Low at RAce Night #342019-20	31/01/2020	AKSC` -NS

#### Men 11-11 200 IM

<b>3:12.55</b>	<b>Aleksander Barlin at RAce Night #3 2019-20</b>	<b>6/12/2019</b>	<b>AKSC`</b>
2:54.31 **	Aleksander Barlin at RAce Night #342019-20	31/01/2020	AKSC` -NS

#### Men 15 & Over 50 Free

<b>26.62</b>	<b>craig mahoney at August 2018-19 Race Night</b>	<b>2/08/2019</b>	<b>AKSC`</b>
26.62 **	Marlon Makin at RAce Night #342019-20	31/01/2020	AKSC` -NS

#### Men 15 & Over 50 Fly

<b>30.19</b>	<b>William Baird at RAce Night #3 2019-20</b>	<b>6/12/2019</b>	<b>AKSC`</b>
29.63 **	William Baird at RAce Night #342019-20	31/01/2020	AKSC` -NS

#### Men 50 Fly

<b>30.72</b>	<b>Marlon Makin at RAce Night #3 2019-20</b>	<b>6/12/2019</b>	<b>AKSC`</b>
30.50 **	Marlon Makin at RAce Night #342019-20	31/01/2020	AKSC` -NS