



SMNW 2019-2020 Senior Summer Championships

Program of Events

Sydney Olympic Park Aquatic Centre, Homebush

SATURDAY 26th OCTOBER 2019

SESSION 1

Boys	Age	Event	Girls
1	12&O	1500 Free	2
3	12&O	800 Free	4
5	Junior	50 Back Time Trial	6
7	MC	50 Back	8
9	12-13	50 Back	10
11	14-15	50 Back	12
13	16&O	50 Back	14
15	Junior	200 Fly Time Trial	16
17	12-13	200 Fly	18
19	14-15	200 Fly	20
21	16&O	200 Fly	22
23	Junior	100 Breast Time Trial	24
25	MC	100 Breast	26
27	12-13	100 Breast	28
29	14-15	100 Breast	30
31	16&O	100 Breast	32

SESSION 2

Boys	Age	Event	Girls
33	12-14	4x50 Free Relay	34
35	15&O	4x100 Free Relay	36
37	Junior	200 IM Time Trial	38
39	12-13	200 IM	40
41	14-15	200 IM	42
43	16&O	200 IM	44
45	Junior	50 Fly Time Trial	46
47	MC	50 Fly	48
49	12-13	50 Fly	50
51	14-15	50 Fly	52
53	16&O	50 Fly	54
55	Junior	200 Free Time Trial	56
57	12-13	200 Free	58
59	14-15	200 Free	60
61	16&O	200 Free	62
63	Junior	100 Back Time Trial	64
65	MC	100 Back	66
67	12-13	100 Back	68
69	14-15	100 Back	70
71	16&O	100 Back	72

SUNDAY 27th OCTOBER 2019

SESSION 3

Boys	Age	Event	Girls
73	12-14	4x50 Medley Relay	74
75	15&O	4x100 Medley Relay	76
77	Junior	100 Free Time Trial	78
79	MC	100 Free	80
81	12-13	100 Free	82
83	14-15	100 Free	84
85	16&O	100 Free	86
87	Junior	200 Back Time Trial	88
89	12-13	200 Back	90
91	14-15	200 Back	92
93	16&O	200 Back	94
95	Junior	50 Breast Time Trial	96
97	MC	50 Breast	98
99	12-13	50 Breast	100
101	14-15	50 Breast	102
103	16&O	50 Breast	104
105	12&O	400 IM	106

SESSION 4

Boys	Age	Event	Girls
107	Mixed Open 10x50 Handicap Relay		
109	Junior	200 Breast Time Trial	110
111	12-13	200 Breast	112
113	14-15	200 Breast	114
115	16&O	200 Breast	116
117	Junior	50 Free Time Trial	118
119	MC	50 Free	120
121	12-13	50 Free	122
123	14-15	50 Free	124
125	16&O	50 Free	126
127	Junior	100 Fly Time Trial	128
129	MC	100 Fly	130
131	12-13	100 Fly	132
133	14-15	100 Fly	134
135	16&O	100 Fly	136
137	Junior	400 Free Time Trial	138
139	12&O	400 Free	140

ONLINE ENTRIES ONLY – Entry via Swim Central swimcentral.swimming.org.au

Swimmers may compete in either junior events OR senior events at SMNW 2019-2020 Summer Championships.

Swimmers may enter either 800m Freestyle or 1500m Freestyle, but not both

Individual entries cost \$8.50 per event and close 11:59pm Wednesday 16th October 2019

Relay entries cost \$12.00 per event and close 11:59pm Saturday 19th October 2019

Entry times must have been achieved after 1st October 2017

Full program will be available to download from our website from Tuesday 22nd October 2019

NO LATE ENTRIES ACCEPTED

Refer to Conditions of Entry at our website metronwnsw.swimming.org.au for more details.